

# JOSLYN AND TUTTLE WEEKLY ACTIVITIES

## Joslyn Hours

Mon-Thur	8:00am-8:00pm
Friday	8:00am-6:00pm
Saturday	9:00am-1:00pm
Sunday	12:00pm-4:00pm

 1301 W Olive Ave, Burbank  
 (818) 238-5353  
 joslyn@burbankca.gov  
 www.burbankca.gov/adults55

## Tuttle Hours

Mon-Fri: 9:00am-2:30pm

 1731 N Ontario St, Burbank  
 (818) 238-5367  
 www.burbankca.gov/adults55

Classes are \$2.00 (Free with BSAC)

Higher if noted with “ + ”  
(discount with BSAC)

Sign-up/Appointment required

**JAC = Joslyn Adult Center**  
**TSC = Tuttle Senior Center**

\*\*\*\*ALL CLASSES AND TIMES ARE  
SUBJECT TO CHANGE\*\*\*

## MONDAY

Kundalini Yoga with Charleen/Live-streamed	9:00am	JAC	
Public Speaking Group with Ron Coyne	9:30am	TSC	
Karaoke with Stan	12:00pm	JAC	
Texas Hold ‘Em	12:30pm	JAC	+
Texas Hold ‘Em Learn & Play	12:30pm	TSC	
Table Games/Skip Bo	12:30pm	TSC	
Chess Club	1:00pm	JAC	
Memoir Writing	1:00pm	JAC	<input checked="" type="checkbox"/>

## TUESDAY

Basic Fitness with Gigi	9:00am	JAC	
Morning Workout with Gladies Gardner	9:30am	TSC	
Drop-In Knitting and Crochet	9:30am	JAC	
Morning Bingo for a Buck with John Bush	10:00am	TSC	+
Tai Chi with Chris and John	10:00am	JAC	
Chair Strength with Charleen/Live-streamed	10:30am	JAC	
Pan	12:00pm	JAC	
Mah-Jongg	12:00pm	JAC	
Table Games/Skip Bo	12:30pm	TSC	
Drop-In Painting	2:00pm	JAC	
Horseshoes	4:00pm	JAC	

## WEDNESDAY

Basic Fitness with Gigi	8:30am	JAC	
Intermediate Line Dance with Thelma Watkins	9:30am	TSC	
Wednesday Bridge	10:30am	JAC	

## THURSDAY

Texas Hold ‘Em	8:15am	JAC	+
Drop-In Knitting, Crochet, Sewing	9:30am	JAC	
Hula Dancing with Shari	9:45am	JAC	
Strength & Balance with Harry/Live-streamed	10:00am	JAC	
Sign Language for Beginners with Charles	10:00am	TSC	
Ukulele	12:00pm	JAC	
Fun with Piano with Karen Higgins	12:30pm	TSC	
Table Games/Skip Bo	12:30pm	TSC	
Shao Chi with Harry/Live-streamed	12:30pm	JAC	
Chess Club	1:00pm	JAC	
Bingo	1:00pm	JAC	+
Men’s Support Group	1:00pm	JAC	<input checked="" type="checkbox"/>
Ballroom Dance returning in May	7:00pm	JAC	+

## FRIDAY

Ballet Workout with Georgia	9:00am	JAC	
Texas Hold ‘Em Learn & Play	9:15am	TSC	
Morning Workout with Connie Weir	9:30am	TSC	
Friday Bridge returning soon	11:30am	JAC	<input checked="" type="checkbox"/>
Bingo for a Buck with Wayne Anderson	12:30pm	TSC	+
BVP Knitting and Crochet	12:30pm	JAC	
French	12:30pm	JAC	
Soulful Seniors	2:00pm	JAC	

# WEEKEND - MONTHLY - VIRTUAL ACTIVITIES

Classes are \$2.00 (Free with BSAC)

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## JOSLYN DROP-INS

**POOL ROOM  
CYBER CAFE  
TV/LIBRARY ROOM  
GAME ROOM  
JIGSAW PUZZLES**

*\*OPEN HOURS\*  
Rooms close 30 minutes before closing*

## VIRTUAL *Contact Joslyn for Zoom Information*

<b>Challenges &amp; Choices (Support Group)</b>	Mondays	11:00am
<b>Brain Boosters</b> (No class on 5th Mondays)	Mondays	4:30pm
<b>Fall Prevention</b> with Harry	Tuesdays	12:30pm
<b>Senior Support Group</b>	Tuesdays	2:00pm
<b>Fall Prevention</b> with Harry	Fridays	9:00am

## SATURDAY

<b>Texas Hold 'Em</b>	9:00am	JAC	
<b>Drop-In Table Tennis</b>	9:00am	JAC	
<b>Saturday Quilting</b>	9:30am	JAC	
<b>Line Dancing</b> with Sue	10:30am	JAC	+

## SUNDAY

<b>Drop-In Table Tennis</b>	12:00pm	JAC	
<b>Sunday Matinee Dance</b> returning in-person TBD	12:30pm	JAC	+

## MONTHLY

<b>Texas Hold 'Em Tournament</b>	2nd Monday	9:15am	JAC	+
<b>Texas Hold 'Em Tournament</b>	4th Monday	9:15am	TSC	+
<b>Young At Heart Club</b>	2nd Wednesday	10:30am	TSC	
<b>Burbank Beauties</b>	3rd Tuesday	1:00pm	JAC	<input checked="" type="checkbox"/>
<b>Burbank University Women</b>	2nd Thursday	6:00pm	JAC	<input checked="" type="checkbox"/>
<b>Greeting Card/Papercraft Class</b>	1st Friday	1:00pm	JAC	+
<b>Alzheimer's Support Group</b>	1st Friday	9:00am	JAC	<input checked="" type="checkbox"/>
<b>Valley Porcelain Artists</b>	Last Friday	9:30am	JAC	<input checked="" type="checkbox"/>
<b>T-Shirt Painting</b>	Last Friday	1:00pm	JAC	+
<b>Train Collectors Association</b>	4th Saturday	9:15am	JAC	

## JOSLYN SERVICES

<b>Free Fall Risk Assessments</b>	3rd Thursday	11:00am
<b>Advance Health Care Directive</b>	Contact Joslyn for appointment	
<b>Durable Power of Attorney</b>	Contact Joslyn for appointment	
<b>Gadget Workshops</b>	Contact Joslyn for appointment	
<b>Medicare Counseling</b>	Contact Joslyn for appointment	
<b>Simple Will</b>	Contact Joslyn for appointment	
<b>Notary</b>	Returning in May/Contact Joslyn	
<b>Bet Tzedek</b>	Returning soon to Joslyn	
<b>Hearing Screenings</b>	Returning soon to Joslyn	

## BURBANK SENIOR ACTIVITY CARD (BSAC)

Available at **Joslyn and Tuttle Centers**

Discounts on programs and classes, at select Burbank businesses, and more!

**\$20** (Burbank residents) | **\$25** (non-residents)

BSAC's are valid for one year from the date of purchase.

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