

# JOSLYN AND TUTTLE WEEKLY ACTIVITIES

## Joslyn Hours

Mon-Thur	8:00am-8:00pm
Friday	8:00am-6:00pm
Saturday	9:00am-1:00pm
Sunday	12:00pm-4:00pm

Blue = Joslyn Adult Center

	1301 W Olive Ave, Burbank
	(818) 238-5353
	joslyn@burbankca.gov
	www.burbankca.gov/adults55

Green = Tuttle Senior Center

## Tuttle Hours

Mon-Fri: 9:00am-2:30pm

	1731 N Ontario St, Burbank
	(818) 238-5367

Classes are \$2.00 (Free with BSAC).

 Sign-up/Appointment required.

Higher if noted with “ + ” (Discount with BSAC)

\*\*\*All classes and times are subject to change\*\*\*

## MONDAY

<b>Kundalini Chair Yoga</b> with Charleen/Live-streamed	9:00am-10:00am	
<b>Public Speaking Group</b> with Ron Coyne	9:30am-10:30am	
<b>Fleet Feet Outdoor Walking Group</b>	10:00am-11:00am	
<b>Pokemon Go</b> (Every other Monday, call Tuttle for info)	10:00am-11:00am	
<b>Calm Mind</b> with Catherine (2nd & 4th Monday)	10:15am-11:00am	
<b>Quick Fit</b> with Dan/Live-streamed <b>NEW</b>	10:30am-11:30am	
<b>Karaoke</b> with Stan	12:00pm-2:00pm	
<b>Texas Hold ‘Em Learn &amp; Play</b>	12:15pm -2:00pm	+
<b>Texas Hold ‘Em</b>	12:30pm-2:30pm	
<b>Drop-In Table Games/Skip Bo</b>	12:30pm-2:00pm	
<b>Chess Club</b>	1:00pm-4:00pm	
<b>Drum Circle</b> with Amy	3:00pm-4:00pm	

## TUESDAY

<b>Basic Fitness</b> with Gigi	9:00am-10:00am	
<b>Morning Workout</b> with Linda Zsevc	9:30am-10:30am	
<b>Morning Bingo for a Buck</b> with John Bush	9:30am-11:00am	+
<b>Jewelry Making Class</b> (Every other Tuesday, call Tuttle for info)	10:00am-12:00pm	+
<b>Tai Chi (Small Frame)</b> with Chris and John (Outdoors)	9:30am-10:00am	
<b>Tai Chi (All Levels)</b> with Chris and John (Outdoors)	10:00am-11:00am	
<b>Full Body Conditioning</b> with Charleen/Live-streamed	10:45am-11:30am	
<b>Pan</b>	12:00pm-4:00pm	
<b>Mah-Jongg</b>	12:00pm-4:00pm	
<b>Drop-In Table Games/Skip Bo</b>	12:30pm-2:00pm	
<b>Drop-In Painting</b> (Bring your own materials)	2:00pm-4:30pm	
<b>T'ai Chi Chih</b> with Pat	2:00pm-3:00pm	

## WEDNESDAY

<b>Basic Fitness</b> with Gigi	8:30am-9:30am	
<b>Intermediate Line Dance</b> with Barbara Crone	9:30am-11:00am	
<b>Wednesday Bridge</b>	10:30am-2:00pm	
<b>Open Mic Karaoke</b> with Yvonne Demery	12:00pm-2:00pm	
<b>Genetics, Psychology, &amp; Forensics Discussion Group</b>	3:00pm-5:00pm	

## THURSDAY

<b>Texas Hold ‘Em</b>	8:15am-10:30am	+
<b>Drop-In Crafting</b> (Bring your own materials)	8:30am-11:30am	
<b>Hula Dancing</b> with Shari	9:45am-11:30am	
<b>Strength &amp; Balance</b> with Harry/Live-streamed	10:00am-11:00am	
<b>Sign Language for Beginners</b> with Charles	10:00am-11:00am	
<b>Shao Chi</b> with Harry/Live-streamed	11:30am-12:15pm	
<b>Ukulele</b>	12:00pm-2:00pm	
<b>Fun with Piano</b> with Karen Higgins	12:30pm-2:00pm	
<b>Drop-In Table Games/Skip Bo</b>	12:30pm-2:00pm	
<b>Indoor Chair Volleyball</b> with Harry	12:45pm-1:45pm	
<b>Chess Club</b>	1:00pm-4:00pm	
<b>Bingo</b>	1:00pm-3:00pm	+
<b>Men’s Discussion Group</b>	1:00pm-2:30pm	
<b>Horseshoes</b>	4:00pm-6:00pm	
<b>Ballroom Dance</b> (Live Music)	7:00pm-9:30pm	+

## FRIDAY

<b>Ballet Workout</b> with Ileana	9:00am-10:30am	
<b>Tai Chi (All Levels)</b> with Chris and John (Outdoors)	9:00am-10:00am	
<b>Texas Hold ‘Em Learn &amp; Play</b>	9:15am-11:30am	
<b>Morning Workout</b> with Connie Weir	9:30am-10:30am	
<b>Tai Chi (Advanced)</b> with Chris and John (Outdoors)	10:00am-11:00am	
<b>Bingo for a Buck</b> with Wayne Anderson	12:30pm-2:00pm	+
<b>BVP Knitting and Crochet</b>	12:30pm-3:00pm	
<b>French</b>	12:30pm-2:30pm	
<b>Soulful Seniors</b>	2:00pm-4:00pm	

## SATURDAY

<b>Texas Hold ‘Em</b>	9:00am-12:00pm	+
<b>Drop-In Table Tennis</b>	9:00am-1:00pm	
<b>Saturday Quilting</b>	9:30am-12:30am	
<b>Line Dancing</b> with Sue	10:30am-11:45am	+

## SUNDAY

<b>Drop-In Table Tennis</b>	12:00pm-4:00pm	
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Updated 10/27/2023

# MONTHLY & VIRTUAL ACTIVITIES & JOSLYN SERVICES

## BURBANK SENIOR ACTIVITY CARD (BSAC)

Available at **Joslyn and Tuttle Centers**

Discounts on programs and classes at Joslyn and Tuttle! It also includes the Indoor Drop-in Activity Membership.

**\$20** (Burbank residents)

**\$25** (Non-residents)

BSAC's are valid for one year from the date of purchase.

### JOSLYN DROP-INS

**POOL ROOM  
CYBER CAFE  
TV/LIBRARY ROOM  
GAME ROOM  
JIGSAW PUZZLES**

*\*OPEN HOURS\*  
Rooms close 30 minutes before closing*

**Classes are \$2.00  
(or free with BSAC)**

**Higher if noted with “ + ”  
(Discount with BSAC)**

☒ **Sign-up/Appointment required**

### JOSLYN SERVICES (Contact Joslyn for appointment)

<b>Advance Health Care Directive</b>	<b>Medicare Counseling</b>
<b>Bet Tzedek Legal Services</b>	<b>Notary</b>
<b>Durable Power of Attorney</b>	<b>One-On-One Computer Assistance</b>
<b>Gadget Tutoring</b>	<b>Simple Will</b>
<b>Hearing Screening</b>	
<b>Free Fall Risk Assessments</b>	3rd Thursday 11:00am -12:00pm

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### **VIRTUAL** *Contact Joslyn for Zoom Information*

<b>Safe Space Discussion Group</b>	Mondays	11:00am-12:30pm
<b>Let's Talk Discussion Group</b>	Tuesdays	2:00pm-3:30pm

### MONTHLY

<b>Texas Hold 'Em Tournament</b>	2nd Mon	9:15am-10:30am	+
<b>Texas Hold 'Em Tournament</b>	4th Mon	9:15am-2:15pm	+
<b>Burbank Beauties</b>	3rd Tue	1:00pm-3:00pm	<input checked="" type="checkbox"/>
<b>Coin Club</b>	1st Wed	6:30pm-7:45pm	
<b>Young At Heart Club</b>	2nd Wed	10:00am-11:00am	
<b>Greeting Card/Papercraft Class</b>	2nd Thur	1:00pm-2:00pm	+
<b>Burbank University Women</b> (hiatus until Sept)	2nd Thur	4:00pm-6:00pm	<input checked="" type="checkbox"/>
<b>Alzheimer's Support Group</b>	1st & 3rd Fri	9:00am-10:30am	
<b>Valley Porcelain Artists</b>	Last Fri	9:45am-12:00pm	
<b>T-Shirt Painting</b>	Last Fri	1:00pm-3:00pm	+
<b>Line Dance Workshop (Advanced)</b> with Sue	3rd & 4th Sat	10:00am-10:30am	

**\*\*\*\*ALL CLASSES AND TIMES ARE  
SUBJECT TO CHANGE\*\*\*\***

