BURBANK NUTRITION SERVICES

NOVEMBER 2026

PARKS AND RECREATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Butternut Squash Soup Tuna Salad Spinach Beet Salad Whole Grain Bread Orange	**3** Beef Fajitas Black Beans Whole Grain Corn Tortilla Apricots	**4** Teriyaki Chicken Broccoli Brown Rice Mango Papaya	**5** Pork Loin with Apricot Sauce Brussels Sprouts Whole Grain Polenta Banana	**6** Swiss Steak Whole Grain Bread Cantaloupe
9 Vegetable Soup Italian Pasta Salad with Kale, Romaine, Cucumber, Tomato, & Garbanzo Beans Pear	**10** Baked Salmon with Dill Sauce Butternut Squash Green Beans Whole Grain Bread Mango	**11** **No Lunch Served** 	**12** Meatloaf & Gravy Mashed Potatoes Broccoli Whole Grain Bread Apple	**13** Chicken Chili Strawberries
16 Corn Chowder Turkey Sandwich Spring Mix Coleslaw Whole Grain Hoagie Peaches	**17** Beef Bulgogi Peas Barley Banana	**18** BBQ Chicken Carrots Baked Beans Whole Grain Bread Mango	**19** Turkey & Gravy Sweet Potato Peas Whole Grain Bread Persimmon Pumpkin Pie	**20** Beef Burgundy Whole Grain Bread Apple
23 Tomato Soup Egg Salad Spinach Carrot Slaw Whole Grain Bread Orange	**24** Chicken Kebab Stewed Chickpeas Brown Rice Pita Bread Cantaloupe	**25** Beef Stir Fry Broccoli Barley Apple	**26** **THANKSGIVING** **No Lunch Served** 	**27**

Milk served with every meal ♦ **MENU SUBJECT TO CHANGE WITHOUT NOTICE**

This calendar reflects the day meals are prepared. All components are to be consumed within two days of preparation.

The Senior Nutrition Program is funded, in part or in whole, by the Los Angeles County Department of Aging & Disabilites.

Meals served at 11AM - 12PM at the folloowing locations:

Joslyn Adult Center	McCambridge Recreation Center	Tuttle Center
1301 W Olive Ave	1515 N Glenoaks Blvd	1731 N Ontario St
818.238.5357	818.238.5366	818.238.5367