

Home Delivered Meals

Burbank Nutrition Services also offers a home delivery lunch service.

Home Delivered Meals Are

Ready-to-eat, or refrigerated and reheated.

Delivered between 10:30 a.m. - 1:00 p.m.

Available Monday-Friday, except holidays.

\$3 Suggested donation.

*Adults must be home to receive meal.

Am I Eligible?

To qualify, participants must be a:

Homebound Burbank resident adult age 60+, who is living alone with less than 4 hours of assistance per day.

Spouse living with and caring for an eligible adult.

Disabled child living with an eligible adult.

How Do I Apply?

Submit an application on-site or assistance can be provided over the phone. Once an application is accepted, it will be promptly reviewed for eligibility. Meal service begins immediately after applicants are approved. After the service has commenced, to ensure you are satisfied with the services, a Home Delivery Team member will follow up and complete the registration documentation.

Call to Apply!
818.238.5366



JOIN US FOR LUNCH

at one of three convenient locations

Joslyn Adult Center

1301 West Olive Avenue
Telephone: 818.238.5357

McCambridge Recreation Center

1515 North Glenoaks Boulevard
Telephone: 818.238.5365

Tuttle Adult Center

1731 North Ontario Avenue
Telephone: 818.238.5367



For More Information Visit:

www.burbankca.gov/bns



BURBANK
NUTRITION SERVICES

Join Us For Lunch!

Sponsored By: City of Burbank
& Los Angeles Area Agency on Aging



Burbank Nutrition Services

If you are over the age of 60, join the Burbank Nutrition Services (BNS) for lunch! BNS is a City of Burbank lunch program that serves 3-course sit-down lunches at 3 convenient locations. BNS lunches are nutritious, delicious, and the perfect opportunity to meet new and long-time friends.

BNS Lunches Are

For Adults Age 60+

Monday-Friday, Except Holidays

Served at 11:15 a.m.

\$2 Each Meal (Suggested Donation)

Nutritional Information

BNS Meals

Provide at least one-third of the USDA requirements for adults 60 years of age and over.

Meet the nutritional requirements for adults 60 years of age and over.

Typical Meal Includes

Entree

Salad

Bread

Butter

Dessert



Nutrition Facts	
Amount Per Serving	
Calories	~700
	% Daily Value
Calories from fat	< 35%
* All fat is trans fatty acid free	
Protein	~24g
Sodium	<1000mg
Generous servings of whole grains and fiber. Whole grain fiber <12g.	
Average meal nutrition facts.	

RESERVATIONS

Reservations are taken on a daily, weekly, and monthly basis. Patrons are able to choose a day(s) and seat(s) in the lunch room. The following reservation options are available:

- **Same day reservations** begin at 9:00 a.m. and are accepted until space is filled. Same-day reservations are not guaranteed, as space may no longer be available.
- **Reservations for a day(s) later in the same week** are taken Monday-Thursday from 9:00-11:00 a.m.
- **Reservations for days later in the current month** are taken Thursday-Friday from 9:00-11:00 a.m.

Seating is Limited.

Reservations Recommended.

We strongly urge you to reserve ahead of time to guarantee your seat. Reservations made day of do not guarantee a seat. Seats are always given on a first come first serve basis.

NEED A RIDE? Contact 818.238.5360 for more information about the Senior and Disabled Transit Services.