

The purpose of the Home Delivered Meal Program is to provide participants with nutritional assistance by delivering a well- balanced meal and an opportunity to monitor the wellbeing of the homebound elderly.

How Long Can a Person Have Meals Delivered to Them?

Eligibility for receiving a home delivered meal is based on a screening assessment of the participant by telephone or a home visit. Verification of the need for this service is determined through a home assessment within one week of the beginning of the meal service.

Home Delivered Meals Are

- Ready to eat, refrigerated and reheated, or frozen.
- Delivered between 10:30 a.m. – 1:00 p.m.
- Available Monday – Friday, except holidays.
- Must have a functioning refrigerator/freezer and oven, toaster oven or microwave.
- \$3 Suggested donation
- Adults must be home to receive meal.

Am I Eligible?

- Homebound Burbank resident adult age 60+ resides alone with less than hours 4 hours of assistance per day.
- Spouse of eligible adult
- Adult with a disability who resides in the home of eligible participant

How do I Apply?

For more information regarding the program, please call (818) 238-5366. Submit an application on site, or assistance can be provided over the phone. Once the application is accepted, it will be reviewed by the Home Delivered Meal Coordinator to ensure you meet the eligibility requirement. Meal service begins immediately after you have been approved. After the service has commenced, to ensure you are satisfied with the services, staff will follow up and complete the registration process.

How Can I Help?

The Burbank Home Delivered Meal Program would not be possible without the dedication of the Home Delivered Meal volunteers. If you are interested in volunteering as a driver, please call (818) 238-5366 and speak to the Home Delivered Meals Coordinator.

If you are not able to volunteer and would like to help, you can make a tax- deductible donation.

Please send it to:

Supporters of Burbank Senior Services

Home Delivered Meals
P.O. Box 6459
Burbank, Calif. 91505-6459