



Burbank Police Department

Rafael Quintero, Chief of Police

LESSON PLAN

LESSON TITLE: First Aid / CPR / AED

INSTRUCTORS: Various certified Burbank PD Officers

LESSON TOTAL TIME: 8 hours

TRAINING DATE(S): November - December 2025

LEARNING OBJECTIVE: Refresher course that focuses on cardiopulmonary resuscitation, basic first aid application and automated external defibrillator

COMPLETION STANDARDS: Practical application and written exam with 80% passing score

INSTRUCTIONAL METHOD: Lecture / demonstration / practical performance / written exam

INSTRUCTIONAL MATERIALS: PowerPoint, training videos, demonstration trauma/first aid kits; CPR training mannequins, AED devices

APPROVAL: Sergeant J. Dugas

Content	Instructor Notes
Lecture, Discussion, Instruction, and Practical Application Written examination	<ul style="list-style-type: none">• Sworn and Civilian employees will attend an 8 hour training course, mandated to be completed every two years• Attendees will learn through lecture and will successfully complete the course by demonstrating proficiency in administering CPR and basic first aid through practical exercises and a final written exam.