

National Standards For Youth Sports

- 1. Proper Sports Environment**
Parents must consider and carefully choose the proper sports environment for their child, including the appropriate age and development for participation, the type of sport, the rules of the sport, the age range of the participants, and the proper level of physical and emotional stress.
- 2. Programs Based on the Well-Being of Children**
Parents must select youth sports programs that are developed and organized to enhance the emotional, physical, social and educational well-being of children.
- 3. Drug, Tobacco & Alcohol-Free Environment**
Parents must encourage a drug, tobacco and alcohol-free environment for their children.
- 4. Part of a Child's Life**
Parents must recognize that youth sports are only a part of a child's life.
- 5. Training**
Parents must insist that coaches are trained and certified.
- 6. Parent's Active Role**
Parents must make a serious effort to take an active role in the youth sports experience of their child providing positive support as a spectator, coach, league administrator and/or caring parent.
- 7. Positive Role Models**
Parents must provide positive role models, exhibiting sportsmanlike behavior at games, practices and home, while also giving positive reinforcement to their child and support to their child's coaches.
- 8. Parental Commitment**
Parents must demonstrate their commitment to their child's youth sports experience by annually signing the Parent's Code of Ethics Pledge.
- 9. Safe Playing Situations**
Parents must insist on safe playing facilities, healthful playing situations, and proper first aid applications, should the need arise.
- 10. Equal Play Opportunity**
Parents, coaches, and league administrators must provide equal sports play opportunity for all youth regardless of race, creed, sex, economic status or ability.
- 11. Drug, Tobacco & Alcohol-Free Adults**
Parents must be drug, tobacco and alcohol-free at youth league sporting events.

PARENTS' CODE OF ETHICS

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Code of Ethics:

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.
- I will place the emotional and physical well-being of my child ahead of any personal desire to win.
- I will insist that my child plays in a safe and healthy environment.
- I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.
- I will demand a drug, tobacco and alcohol-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.
- I will remember that the game is for children and not for adults.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other players coaches, fans, and officials with respect regardless of race, sex, creed, or ability.
- I will promise to help my child enjoy the youth sports experience within my personal constraints by assisting with coaching, being a respectful fan, providing transportation or whatever I am capable of doing.
- I will require that my child's coach be trained in the responsibilities of being a youth sports coach and the coach agrees to the youth sports Coaches' Code of Ethics Pledge.
- I will read the NYSCA National Standards for Youth Sports and do everything in my power to assist all youth sports organizations to implement and enforce them.

Parent Signature: _____

Date: _____

PLAYERS' CODE OF ETHICS

I hereby pledge to provide a positive attitude and be responsible for my participation in youth sports by following this Code of Ethics:

- I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice.
- I will attend every practice and game that is reasonably possible and notify my coach if I cannot.
- I will expect to receive a fair and equal amount of playing time.
- I will do my very best to listen and learn from my coaches.
- I will treat my coaches with respect regardless of race, sex, creed or abilities and I will expect to be treated accordingly.
- I deserve to have fun during my sports experience and will alert parents or coaches if it stops being FUN!
- I deserve to play in an alcohol, tobacco and drug free environment and expect adults to respect that wish.
- I will encourage my parents to be involved with my team in some capacity because it's important to me.
- I will do my very best in school.
- I will remember that sports is an opportunity to learn and have fun.

Player Signature: _____

Date: _____