

National Standards For Youth Sports

1. **Proper Sports Environment**
Parents must consider and carefully choose the proper sports environment for their child, including the appropriate age and development for participation, the type of sport, the rules of the sport, the age range of the participants, and the proper level of physical and emotional stress.
2. **Programs Based on the Well-Being of Children**
Parents must select youth sports programs that are developed and organized to enhance the emotional, physical, social and educational well-being of children.
3. **Drug, Tobacco & Alcohol-Free Environment**
Parents must encourage a drug, tobacco and alcohol-free environment for their children.
4. **Part of a Child's Life**
Parents must recognize that youth sports are only a part of a child's life.
5. **Training**
Parents must insist that coaches are trained and certified.
6. **Parent's Active Role**
Parents must make a serious effort to take an active role in the youth sports experience of their child providing positive support as a spectator, coach, league administrator and/or caring parent.
7. **Positive Role Models**
Parents must provide positive role models, exhibiting sportsmanlike behavior at games, practices and home, while also giving positive reinforcement to their child and support to their child's coaches.
8. **Parental Commitment**
Parents must demonstrate their commitment to their child's youth sports experience by annually signing the Parent's Code of Ethics Pledge.
9. **Safe Playing Situations**
Parents must insist on safe playing facilities, healthful playing situations, and proper first aid applications, should the need arise.
10. **Equal Play Opportunity**
Parents, coaches, and league administrators must provide equal sports play opportunity for all youth regardless of race, creed, sex, economic status or ability.
11. **Drug, Tobacco & Alcohol-Free Adults**
Parents must be drug, tobacco and alcohol-free at youth league sporting events.

COACHES' CODE OF ETHICS

I hereby pledge to live up to my certification as a NYSCA Coach by following the NYSCA Coaches' Code of Ethics:

- I will place the emotional and physical well being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will promise to review and practice basic first aid principles needed to treat injuries of my players.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead by example in demonstrating fair play and sportsmanship to all my players.
- I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
- I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
- I will use those coaching techniques appropriate for all of the skills that I teach.
- I will remember that I am a youth sports coach, and that the game is for children and not adults.

Coach's Signature: _____

Date: _____