

# RULES & REGULATIONS

## VERDUGO & MCCAMBRIDGE POOL RULES AND REGULATIONS

All swimmers should be fully aware of the risks and hazards inherent in participating in aquatic activities including swimming, utilization of diving boards, and use of the activity pool and waterslides. Serious accidents may occur during participation in aquatic activities and participants can suffer serious injury or death. NO MEDICAL INSURANCE IS PROVIDED BY THE CITY OF BURBANK FOR ANY INJURIES THAT MAY OCCUR TO PARTICIPANTS DURING PARTICIPATION IN AQUATIC ACTIVITIES. ALL PARTICIPANTS PARTICIPATE IN AQUATIC ACTIVITIES AT THEIR OWN RISK.

1. Permission to use the pool will be granted upon the condition that all swimming pool rules and regulations will be followed. Permission may be revoked at any time for anyone who fails to comply with staff direction or pool rules and regulations.
2. No one is permitted in the water unless a lifeguard is on duty. This refers to having a lifeguard on deck or in the lifeguard tower assigned the specific duty of observing the pool and its users.
3. Children under the age of seven (7) must be actively supervised in the water by an adult (18 years of age or older), at all times. One (1) adult per child. Accompanied means holding onto or being within ten (10) feet of the child; parents may not abandon a child in the shallow end of the pool in order to swim in the deep end, dive, or sun bathe on deck.
4. All patrons must shower and use the restroom facilities before entering the pool.
5. Patrons entering the pool must be properly dressed in attire that is specifically designed for swimming. Lined swim suits only, no cut-offs, basketball shorts or T-shirts. \*Rash guard shirts are acceptable
6. Swim diapers or swim pants must be worn by infants and children who are under 3 or are not toilet trained.
7. Any person having an infectious or communicable disease or open wound is prohibited from using a public pool. This includes but is not limited to diarrhea, cold, cough, sores, wearing bandages, etc.
8. Spitting, spouting water, blowing the nose, or discharging bodily wastes in the pool is strictly prohibited.
9. Running, hazardous activities, boisterous or rough play, or excessive noise in the pool area, showers or dressing rooms is forbidden.
10. No foreign objects are allowed in the pool, such as toys, fins, inner tubes, rocks, weapons, water wings, and kick-boards.
11. Alcoholic beverages or illegal substances are prohibited.
12. Food and drink must be consumed in the snack bar area. Ice chests and coolers are prohibited.
13. Sitting on the side of the pool is prohibited. Spectators and sunbathers are permitted only in specifically designated areas.
14. Diving in shallow water is not permitted. Jumping into the pool from the side of the pool may not be done in close proximity to patrons using the pool.
15. Only one (1) person is allowed on the diving board platform at a time. Diving from the diving board is limited to feet first and single bounce off the end of the diving board.
16. Deep Water Swim Test- Anyone wishing to swim in deep water must submit to a deep-water swim test. The Lifeguards will initiate this test.
17. Personal floatation devices (PFD) in the swimming pool are prohibited unless U.S. Coast Guard approved. This PFD must be clearly labeled as U.S. Coast Guard Approved for the specific weight of the user.
18. Dogs or other animals are prohibited in the aquatic facility and may not be left unattended or leashed outside the facility.

**The City of Burbank Parks and Recreation Department is not responsible for lost or stolen property.**

